



PITA LAND

MIDEAST URBAN KITCHEN

CATERING



So Good so Fresh!

FOR MORE INFORMATION & TO ORDER
CONTACT KHALED YASIN

647-409-9509 | PITALAND.YORKU@GMAIL.COM



PITA LAND CATERING

*Our Tradition to Your Table:
Serving up healthy and delicious
Middle Eastern Cuisine.*

Since 2003, Pita Land has made delicious, fresh, and affordable shawarma and kebabs, souvlaki, falafel, gyro, salads and wraps. But our story didn't just begin then. Our traditions and recipes have been in our culture and in our family for centuries of Middle-Eastern history.

We have made it our passion and our goal to bring our family's table to yours, to share with everyone the healthy, fresh foods that we enjoy with our family, friends and community at home and at our gatherings. We invite you to the Pita Land table, to sit down and enjoy a good meal with the people around you.

Pita Land offers you more than just food. It offers you healthy options. Our top quality dishes, made with real, unprocessed ingredients, feed your body and your mind. The Pita Land menu includes only the very best in Middle-Eastern favourites, such as shawarma, tabouli, fatoush, and falafel, reminiscent of old world traditions and made with the modern, urban customer in mind. Whether your diet is gluten -or dairy- free, vegetarian, or keto, Pita Land has options to help you make your healthy eating quick and easy. In addition to this, you can be confident that everything we serve is certified Halal.

Pita Land offers pick-up and drop-off catering for all occasions. Whether you are planning a casual family gathering or a corporate event we cater to you!

Contact us today!

P: 647-409-9509

E: pitaland.yorku@gmail.com

W: Pitaland.ca



Your **Healthy** Alternative!!

pitaland.yorku@gmail.com 647-409-9509

Disposable serving pieces included where applicable. Minimum order of \$75.00 before tax & delivery. Taxes & Delivery fees apply. Orders can be placed up to the same day of delivery, but not all items are guaranteed to be available with less than 48 hours' notice. Cancellations must be made at least 24 hours in advance or are subject to a 50% service charge. Besides Visa, MasterCard, etc., we accept Payment via YorkU Budget Number.

Although we strive for accuracy in both copy and illustration some items may not be received exactly as pictured or described in our brochure. We reserve the right to correct any errors, prices, menu items and availability are subject to change without notice. Items may vary due to seasonal availability, all items are prepared in a facility that contains nuts.



SERVES
8-10 PEOPLE



WRAPS | 03

COMPLETE MEALS | 04

SALAD BOWLS | 06

WRAP PLATTERS | 07

DRINKS | 07

BURGERS TRAY | 08

SALAD BOWLS | 09

Adults and youth ages 13 & older need an average of 2,000 Calories a Day, And Children (Ages 4 to 12) Need an average of 1,500 Calories Day. However, Individual Needs Vary.



Vegetarian

WRAP IT UP



MEAT WRAP (ALL HALAL MEAT)

(ALL WRAPS CONTAINS LETTUCE, ONION, TOMATO, TURNIP, PICKLES, TZATZIKI OR TAHINI SAUCE AND HOT SAUCE UPON REQUEST)

FALAFEL WRAP 🌿

\$7.99 | 380 Cals

GRILLED VEGGIE WRAP 🌿

\$7.99 | 380 Cals

CHICKEN SHAWARMA WRAP

\$8.99 | 500 Cals

GYRO WRAP

\$9.49 | 390 Cals

CHICKEN SOUVLAKI WRAP

\$9.49 | 330 Cals

CHICKEN KEBAB WRAP

(10 pcs) \$10.99 | 410 Cals

BEEF SHAWARMA WRAP

\$9.49 | 480 Cals

BEEF KEBAB WRAP

\$9.99 | 490 Cals



HOT MAIN FAVOURITES



BEEF KEBAB SKEWER

\$5.25 | 310 Cals

BEEF TEKKA KEBAB SKEWER

\$6.99 | 240 Cals

All Meals Are
Served With
Protein + Rice,
Garlic Potatoes,
Hummus, Sauces,
Pita Bread And
Greek Salad

Hot Side Dishes



CHICKEN KEBAB SKEWER

\$5.49 | 310 Cals

CHICKEN SOUVLAKI SKEWER

\$5.99 | 160 Cals

PASS THE DIP PLEASE \$3.50/Person

- HUMMUS DIP
- TZATZKI
- TAHINI
- VEGGIE TRAY WITH YOUR CHOICE OF DIP
- CHEESE TRAY & CRACKERS

PLAIN RICE
FLAVOURED RICE (NON SPICEY)
BIRIYANI RICE (SPICEY)
GARLIC POTATO
FRIES
SAUTEED MUSH, ONIONS, PEPPERS

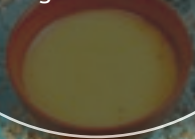
| \$2.49 / Person
| \$2.99 / Person
| \$2.99 / Person
| \$3.25 / Person
| \$3.99 / Person
| \$3.99 / Person

SALAD BOWLS



GARDEN

\$3.25 | 160 Cals/Person
Iceberg Lettuce, Cucumber,
Tomatoes, Onions And
Vinaigrette Dressing



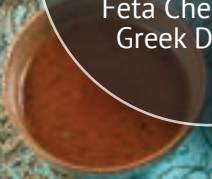
TABOULI

\$3.99 | 60 Cals/Person
Freshly Chopped Parsley,
Diced Tomatoes, Onions
And Crushed Wheat
Mixed With Lemon
Juice And Virgin
Olive Oil



GREEK

\$3.50 | 350 Cals/Person
Iceberg Lettuce,
Cucumber, Tomatoes,
Onions, Black Olives,
Feta Cheese And
Greek Dressing



BOXED LUCH/DINNER COMBO



VEGGIE

\$13.99

MEAT

\$14.99

- YOUR CHOICE OF WRAP
- RICE OR FRIES OR GARLIC POTATO OR SALAD + DIP
- YOUR CHOICE OF SOFT DRINK
- YOUR CHOICE OF DESSERT (cookies, rice pudding or bag of chips)

DRINKS

CAN OF POP

\$1.25 - 130 Cals/Person

\$1.99 Orange/Apple Juice

NECTAR JUICE

\$3.19 - 120 Cals/Person

BOTTLE OF EVIAN WATER (1.5 LITRES)

\$5.95

1 LITRES OF JUICE

\$5.99

BURGERS

»»»»
GOURMET HOMEMADE BURGERS

**MAKE IT
A COMBO**
WITH A CAN OF
POP + FRIES OR
GARLIC POTATO
FOR \$2.99

BALKAN BEEF BURGER

\$10.99 | 580 Cals
4OZ BRISKET BEEF,
CARMALIZED MUSHROOM
AND ONIONS, LETTUCE,
ONION, TOMATO, CHEDDAR
CHEESE, AIOLI SAUCE,
BRIOCH BUN

PHILLY CHEESE STEAK

\$11.99 | 890 Cals
4 OZ BEEF STEAK,
CARMALIZED ONION,
MUSHROOM AND PEPPER,
AIOLI SAUCE, SWISS
CHEESE 6" SUB BUN

FRIED CHICKEN BURGER

\$9.99

5oz CHICKEN BREAST, CARMALIZED MUSHROOM
AND ONIONS, LETTUCE, ONION, TOMATO,
CHEDDAR CHEESE, AIOLI SAUCE BRIOCH BUN

NASHVILLE HOT FRIED CHICKEN BURGER

\$9.99

5oz CHICKEN BREAST, CARMALIZED MUSHROOM
AND ONIONS, LETTUCE, ONION, TOMATO, CHEDDAR CHEESE,
NASHVILLE HOT SAUCE BRIOCH BUN

BEYOND MEAT BURGER (VEGGIE)

\$10.99

4 OZ BEYOND MEAT, LETTUCE, ONION, TOMATO,
CHEDDAR CHEESE, AIOLI SAUCE, BRIOCH BUN



IT'S PARTY TIME LET US CATER TO YOU!



BREAKFAST

ENGLISH MUFFIN SANDWICH <i>(muffin, egg and cheese)</i>	\$5.49	BAGEL & CREAM CHEESE OR BUTTER/JAM	\$2.99
BREAKFAST SANDWICH <i>(bagel, egg and cheese, lettuce, onion and tomato)</i>	\$5.99	NORDIC CROISSANT <i>(smoked salmon, cream cheese and fried capers)</i>	\$5.99
EGG WRAP <i>(egg, lettuce tomato onions and tahini)</i>	\$4.99	MAMMA MIA STUFFED CROISSANT <i>(nutella, fresh strawberries, banana and icing sugar)</i>	\$4.99
HASHBROWN & EGG WRAP <i>(lettuce onion tomato tahini)</i>	\$5.49	ADD ONS \$1.99 EACH <i>2 chicken strips 1 sausage 2 slice of gyro</i>	
BREAKFAST BOX <i>(2 scrambled eggs, 2 chicken strips, hashbrown & toast)</i>	\$7.99		

FULL HOT BUFFET BREAKFAST!

(\$11.99 PER GUEST)

2 SCRAMBLED EGGS PER GUEST
2 HALAL CHICKEN BACON OR BEEF SAUSAGES/ *per guest*
SEASONED POTATOES
COFFEE AND TEA
JUICE *(Served in a single bottle)*
CROISSANT OR MUFFIN 1 PER GUEST
(Served in foil trays and delivered in special Thermo Foods delivery boxes to keep warm until served)

APPETIZERS

FALAFEL <i>(10pcs)</i>	\$9.99
VEGGIE SAMOSA	\$1.79

BREAKFAST/LUNCH STARTERS

SMALL FRUIT TRAY <i>SERVES 8-12</i>	\$34.99	MUFFIN	\$1.79
MEDIUM FRUIT TRAY <i>SERVES 15</i>	\$54.99	CROISSANTS	\$1.79
LARGE FRUIT TRAY <i>SERVES 20</i>	\$74.99	COOKIES	\$1.49
X-LARGE FRUIT TRAY <i>(40-50)</i>	\$89.99	DANISH	\$1.89
WHOLE FRUIT <i>(BANANA, APPLE OR ORANGE) EACH</i>	\$ 1.25	CHIPS DORITOS <i>28 GRAMS</i>	\$2.19
CHEESE TRAY <i>PER PERSON</i> <i>(cheese and crackers)</i>	\$ 3.50	YOGURT	\$1.89
VEGETABLE TRY <i>PER PERSON</i> <i>(baby carrots, celery, cucumber, cauliflower, broccoli, tzatziki or tahini)</i>	\$2.99		

*WE CAN SERVE HOT BREAKFAST IN INDIVIDUALLY
BOXED ORDERS FOR AN EXTRA CHARGE
OF \$2 PER ORDER*

Contact us: 647-409-9509 416-859-5281 pitaland.yorku@gmail.com

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YORK U LOCATION






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Kaled Yasin

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pitaland.ca •   



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